



Dear Readers,

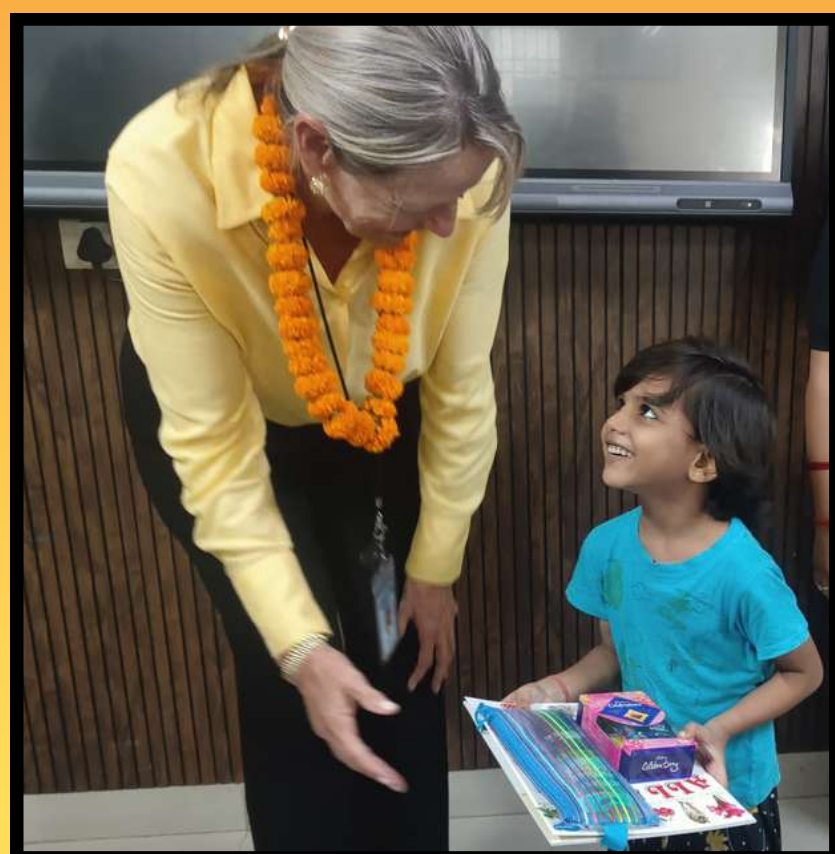
August has been a plethora of emotions for everyone @ ANK. From festive celebrations to patriotic inspirations, from artistic creativity to cultural continuity; the students explored all with complete enthusiasm.

They celebrated the cherished bond of Raksha Bandhan by crafting their own rakhis and tying them not only to classmates but also to teachers, sealing the moment with promises of protection. The patriotic spirit soared high with back-to-back Independence Day celebrations, where traditions blended seamlessly with learning through team quizzes on India's freedom struggle, national symbols, and leaders—making the occasion both joyful and educational.

From imagination sparked in Art & Craft sessions to mindfulness nurtured through Circle Time, Yoga, and Health & Hygiene activities, the students engaged wholeheartedly. Academics, too, were filled with discovery—exploring 2D and 3D shapes in Mathematics, Air, Water, and Land in EVS, while sharpening communication skills in English, Hindi, and GK. Language learning came alive with story reading of The Thirsty Crow, tongue twisters, grammar games, and role plays, while the English Song Competition filled the air with melody, rhythm, and confidence.

LIGHT OF PROGRESS

NEWSLETTER, AUGUST 2025



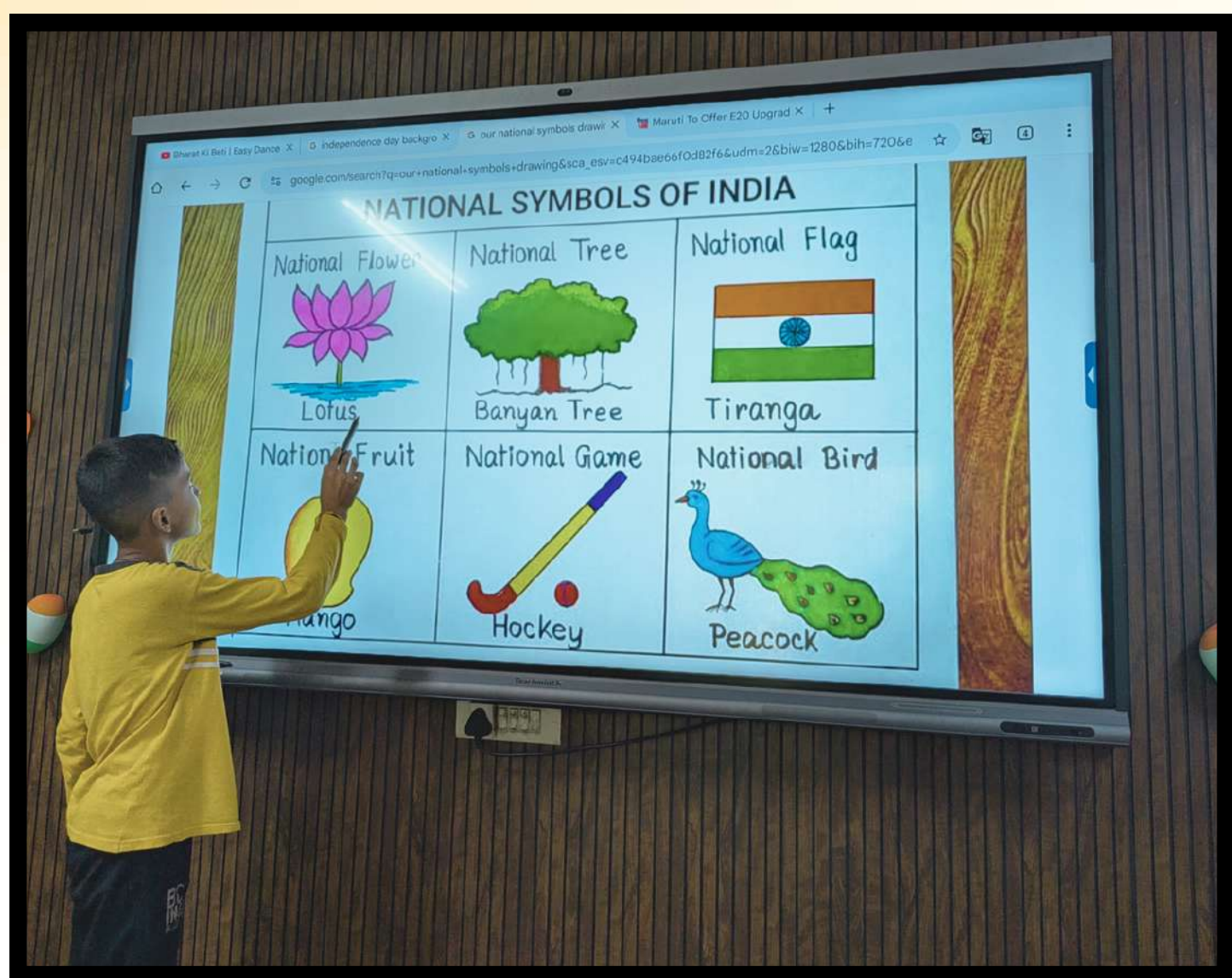
Music and indoor games brought moments of teamwork, joy, and self-expression, adding harmony to the learners' days. Alongside, they ventured into the world of digital and professional growth—exploring Social Media Marketing, Canva design, SEO, keyword research, blogging, resume writing, and email marketing. Each hands-on session became a step toward future readiness, equipping them with skills that blend creativity with career aspirations. August at ANK thus reflected the true spirit of holistic education—where academics meet artistry, culture meets curiosity, and learning meets purpose.

Abhishek Kishore
Founder, ANK

Academic Excellence

August 2025 was marked by a dynamic blend of educational activities aimed at fostering curiosity, creativity, and confidence among our students. The General Knowledge session on India's National Symbols not only deepened their understanding of the country's heritage but also encouraged active participation through an engaging quiz and a creative drawing exercise.

In the Hindi Poetry session, students explored the nuances of rhythm, expression, and articulation. The activity helped them appreciate the richness of Hindi literature while enhancing their confidence in public speaking and recitation. Aasmin, who was initially hesitant, surprised everyone with her confident recitation of the poem “Hum Bacche”. It was heartening to see even the quieter students participate enthusiastically, proving that learning is most impactful when it's joyful.



The Mathematics session made geometry engaging as students explored 2D and 3D shapes through hands-on activities and a fun “shape hunt” around the room. A highlight was when one student identified gas cylinders as an example of a cylinder, showing real-life application of learning. In Environmental Studies, students learned about air, water, and land—the essentials of life. Through discussions and coloring activities, they not only understood their importance but also reflected on simple ways to protect these resources.



In the Computer session, students were introduced to the keyboard, developing basic typing skills. A delightful occasion came when one student proudly typed their own name for the first time, sparking excitement among peers. The Hindi session on idioms (मुहावरे) deepened students' understanding of language nuances, enriching their vocabulary and expression. One child, while using the idiom “नाक कट जाना,” humorously applied it to a cricket match, making the class both lively and memorable.



The English Poem session, themed “India is Great,” gave students an opportunity to express their admiration for the country through verse, while strengthening both language and emotional expression. A memorable moment came when one student ended their poem with the line, “India is not just my country, it is my pride,” which was met with loud applause from peers.

Throughout the month, such activities not only enriched academic learning but also fostered creativity, critical thinking, and a deeper appreciation of culture and environment.



Group discussions and peer-learning activities further strengthened collaboration and teamwork, while interactive games kept the sessions vibrant and interactive. Overall, the month offered a well-rounded blend of learning and enjoyment, contributing to the integrated development of every student.

Creative Rhythms

This month, Creative & Expressive Arts sessions let students explore imagination, culture, and rhythm while celebrating traditions. In Art and Craft, they crafted colorful Rakhis with threads, beads, and ribbons, and handmade Flags with chart paper and sketch pens for Raksha Bandhan and Independence Day.

A friendly competition sparked extra enthusiasm, as students tried to make the most creative Rakhis and Flags, cheering each other on and sharing ideas along the way. Guided by teachers, they learned each step while discovering the cultural significance behind their creations. By the end, the classroom gleamed with vibrant Rakhis and Flags—symbols of love, unity, and patriotism proudly displayed by the young artists.





The Music sessions filled the classroom with melody, spirit, and vibrancy. Children explored instruments like the drum, dholak, clapbox, dhapli, and guitar, experimenting with sounds and beats.

A highlight was Amar, who not only played the drums brilliantly but also acted as a “second teacher,” motivating his peers and keeping them on track with playful guidance. Together, the students prepared a spirited performance for Independence Day, singing “Sandese Aate Hain.” Their synchronized beats, heartfelt voices, and lively energy created a performance full of pride and inspiration.

These sessions beautifully combined creativity, culture, and expression, helping students showcase their talents, build confidence, and connect with the values of unity and patriotism.



ART IS THE



COLOR OF LIFE, MUSIC IS ITS RHYTHM



Health & Wellness

This month, Health & Wellness activities encouraged students to care for both body and mind. During a session on Healthy Eating Habits, teachers highlighted the importance of balanced meals, fruits, vegetables, and water, while also discussing the need to limit junk food. Students expressed their creativity by making posters on “Junk Food vs Healthy Food” and learned proper brushing and handwashing techniques.

The Yoga session brought liveliness and delight as students practiced the Lion Pose (Simhasana). They found it very interesting but a little tricky to keep their tongues out! Mischievous and playful, they turned it into a friendly competition, seeing who could roar the loudest. This activity helped them reduce stress, build confidence, and stay active.

Together, these sessions inspired students to embrace simple, healthy habits for a stronger, happier life.

Healthy Habits Happy Lives



Roar into Fitness with Yoga

Through joyful and participatory activities, students explored healthy habits and mindful living. From designing creative posters on nutritious food to practicing energizing yoga poses, they learned to care for both body and mind. The child with the best Lion Pose was invited to demonstrate it to others, adding a fun element of friendly competition. Along the way, students built strength, confidence, and joy.

Students welcomed the habits of healthy living through creative sessions filled with movement and learning. From exploring balanced diets to trying yoga poses, they discovered practical ways to stay strong, confident, and cheerful. The activities also fostered mindfulness and collaboration, turning wellness into an enjoyable and shared journey.

In their journey toward healthy living, students explored the benefits of good nutrition and yoga. The yoga session became a delightful highlight as children practiced the Butterfly Pose in the lawn, with real butterflies fluttering around them—turning the moment into a joyful and cherished experience.



Value Education & Culture

The Value Education & Culture sessions encouraged students to reflect deeply on patriotism, love, and cultural traditions. During Circle Time, they enthusiastically shared their imaginative thoughts on the theme ‘If I Were a Freedom Fighter.’ Mentors also narrated inspiring stories of the bravery of India’s freedom fighters, sparking curiosity and admiration among the children. Eager to know more, students asked thoughtful questions and shared heartfelt responses—one child expressed they would spread education so every child could read and write, while another said they would fight for equality so everyone is treated with respect. Their reflections beautifully showcased courage, creativity, and respect for the nation’s heroes.



The Independence Day Celebration was marked with pride and enthusiasm. The day began with flag hoisting and the national anthem, followed by speeches, patriotic poems, dances, and songs. A vibrant group performance on “Desh Rangeela” filled the atmosphere with energy and national pride.





Nurturing Values, Celebrating Traditions



Janmashtami was celebrated with reverence and delight, beginning with a puja of Lord Krishna. Students dressed as Radha and Krishna added charm to the day, while the matki phod brought excitement. After a few spirited tries and cheers from their peers, the young Krishnas broke the pot, showering toffees that children eagerly rushed to collect—making the celebration both festive and cherished.



Raksha Bandhan reflected the spirit of love and togetherness as girls tied rakhis, applied tika, and shared sweets, while boys responded with thoughtful gestures. Dressed in colorful traditional attire, students joyfully embraced the festival's cultural essence. A delightful occasion unfolded when one boy, unsure what to gift in return, offered to do his friend's homework for a day—bringing laughter all around. A heartwarming highlight emerged when a young girl tied a rakhi on her classmate who had no sister, and he sweetly promised to always protect her—capturing the true spirit of the festival. The celebration not only enriched cultural understanding but also reinforced the values of unity, respect, and harmony



Life Skills & Indoor Fun



Indoor fun transformed into an engaging learning experience as students took part in spirited team quizzes during the Independence Day celebrations.

Divided into groups, they competed enthusiastically across rounds on India's freedom struggle, national symbols, traditional attire, and great leaders. A clever moment came when one team quickly answered that the national bird is the peacock by mimicking its dance, earning laughter and applause from everyone. The friendly competition sparked curiosity, quick thinking, and collaboration, while also deepening their knowledge of the nation's history and culture.

The Centres echoed with laughter, cheers, and applause as each team gave their best—making the activity both joyful and enriching.



Speak, Express & Shine

Students enthusiastically participated in activities that enhanced their communication skills and self-expression. The Story Reading and Storytelling sessions, featuring 'The Thirsty Crow' and 'The Elephant and the Ant,' encouraged expressive reading, improved fluency, and ignited their imagination. A cherished occasion was witnessed when one student mimicked the elephant's trumpeting sound while narrating, bringing laughter and excitement to the class while showcasing creativity and confidence.



Grammar practice came alive on the lawn during the Subject-Verb Agreement game, where students turned learning into an interactive experience. Tossing a ball across the open space, they identified subjects and matched them with the correct verbs, transforming grammar rules into a fun and energetic challenge. This hands-on activity not only reinforced their understanding but also encouraged participation, and quick thinking, making learning both effective and enjoyable.



The Power of Expression

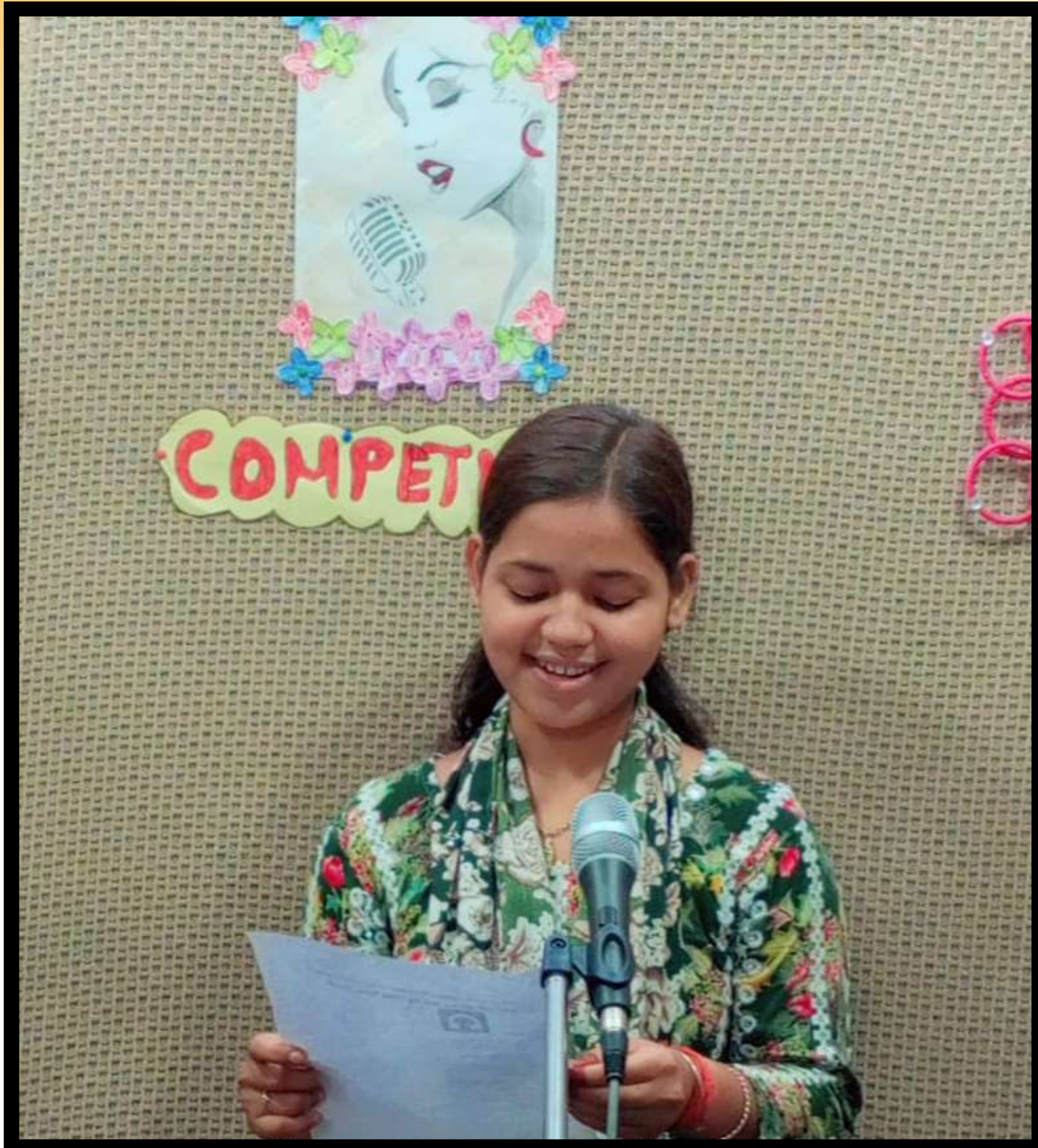


In the role play session on 'Teacher and Student(s),' students confidently took on both roles, practicing everyday classroom expressions in English under their teacher's guidance. This interactive activity boosted their speaking and listening skills in an enjoyable, hands-on way. The tongue-twister session added extra excitement, helping them improve pronunciation, fluency, and clarity. A proud highlight unfolded when one student brilliantly recited 'She sells seashells by the seashore' without a pause, earning cheers from peers and making the playful learning experience even more engaging.



Rhythm & Resonance

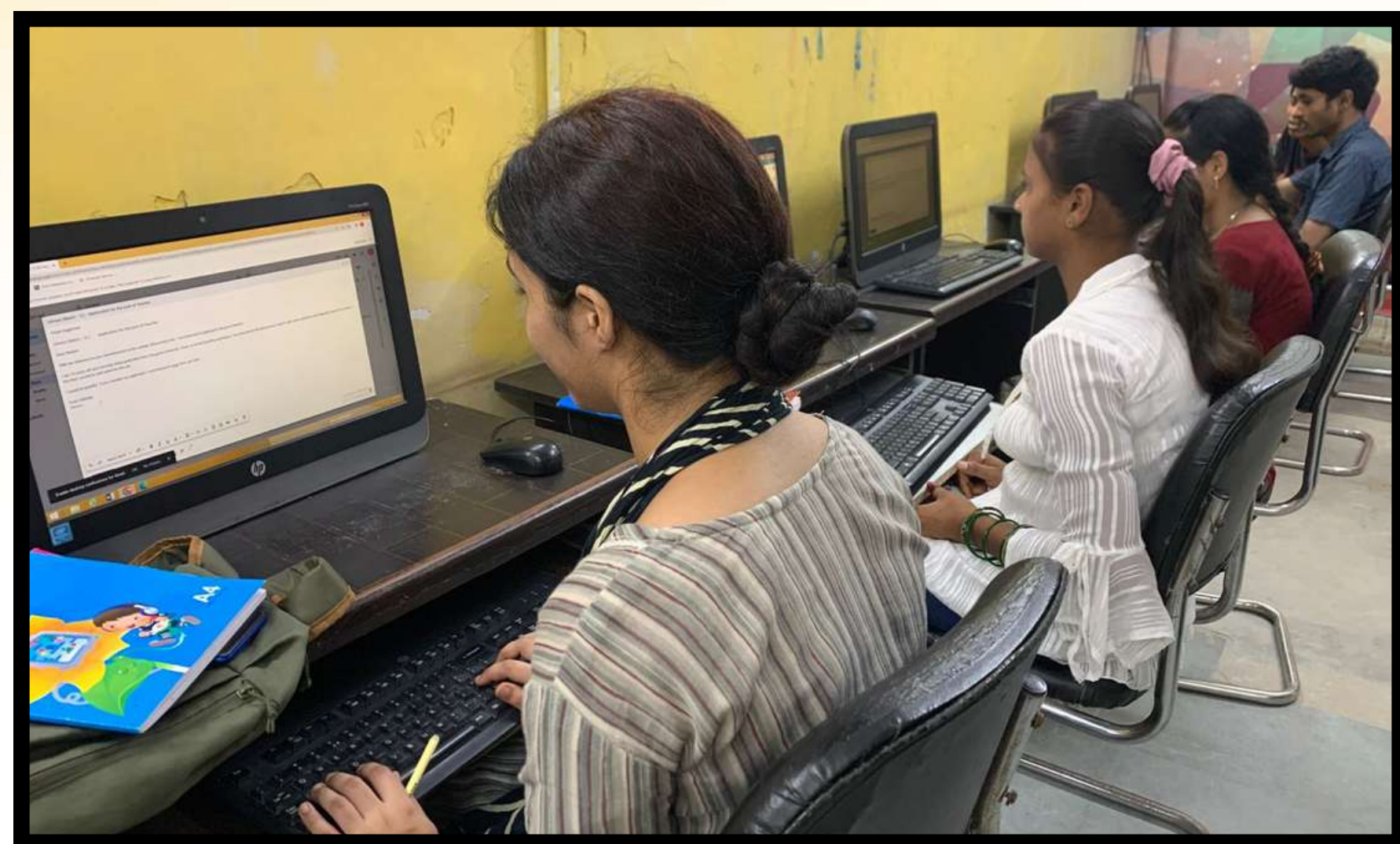
The highlight of the month was the English Song Competition, where students performed with confidence and joy. Each participant chose one song from ‘Que Sera Sera,’ ‘The Jamaica Farewell,’ ‘Top of the World,’ and ‘Diggi Diggi Do’ to showcase their talent. Their melodious voices not only entertained but also strengthened pronunciation, rhythm, and fluency, filling the atmosphere with energy and applause. Together, these sessions provided a lively platform for students to sing, perform, and shine with confidence.”



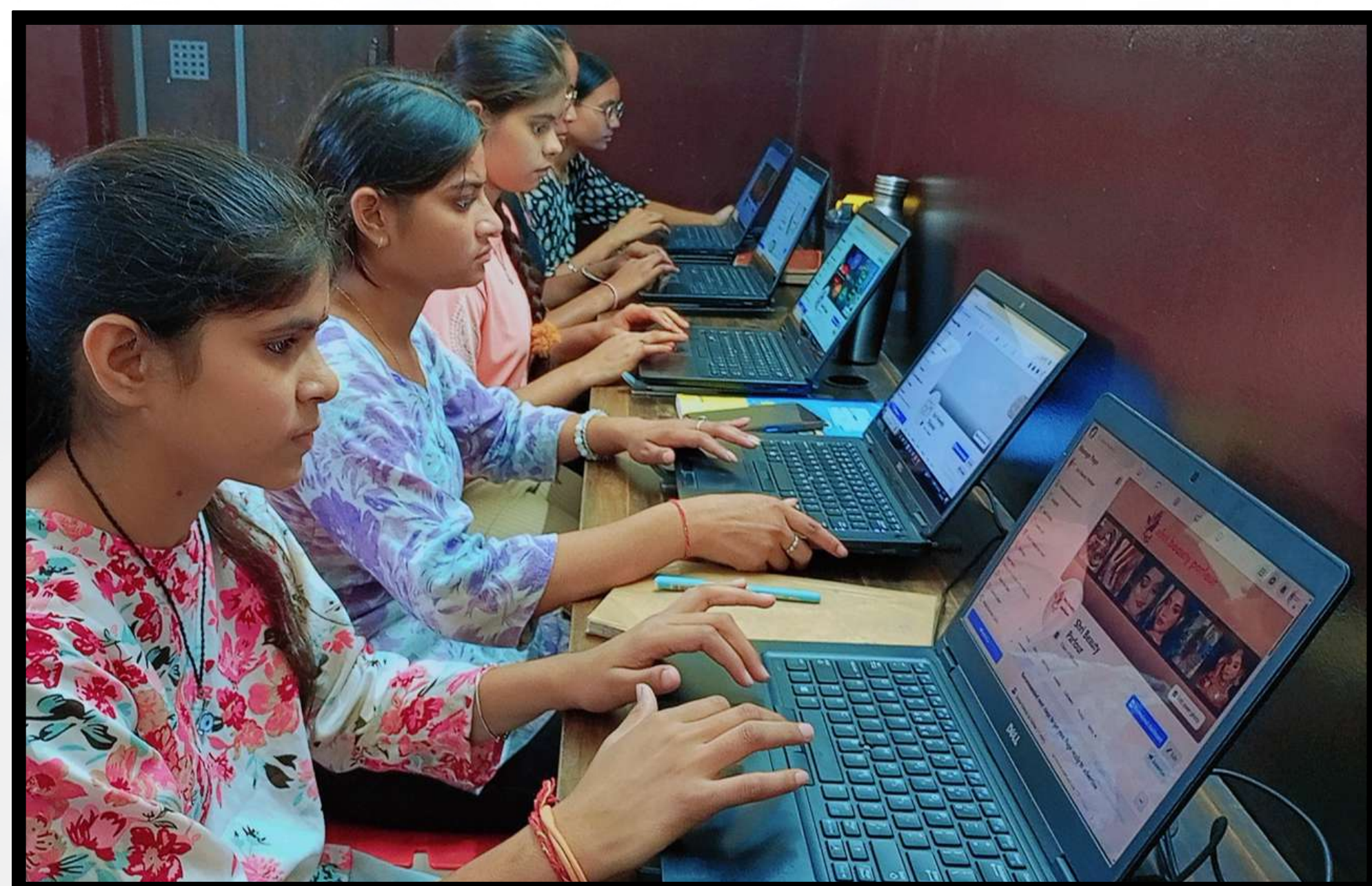
From Classroom to Career



Young professionals at ANK made great strides in career readiness through hands-on digital and professional development sessions. They explored Social Media Marketing by creating Facebook Business Pages, designing Canva posts, and experimenting with Facebook Ads. On LinkedIn, participants built professional profiles and Business Pages while learning key strategies for personal branding and networking.



These activities not only enhanced their technical skills but also built confidence in presenting themselves as professionals in the digital space. By applying their learning through practical exercises, students discovered how online platforms can serve as powerful tools for career growth and business opportunities.



**Digital
Skills for
a Future
Ready
You**

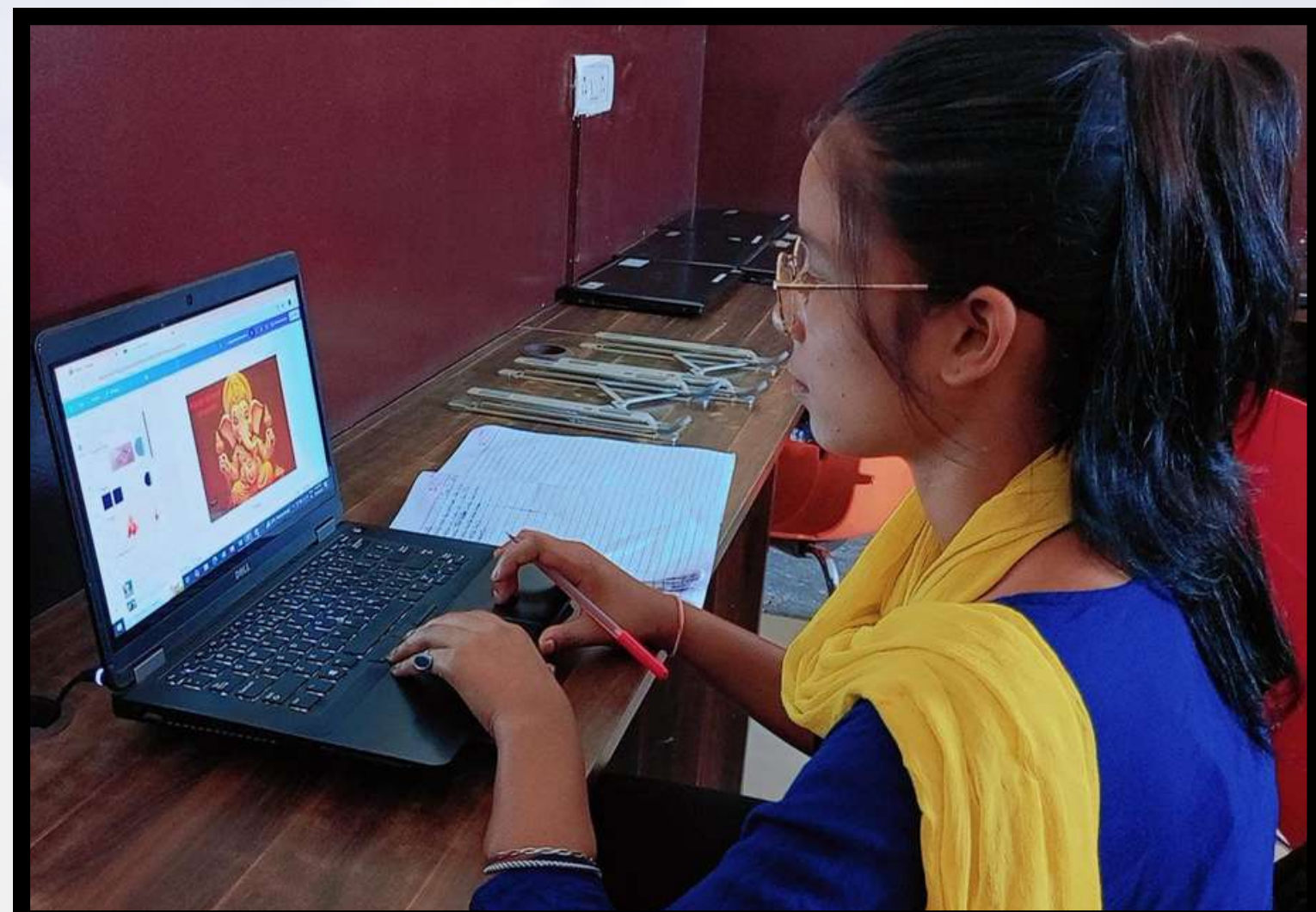
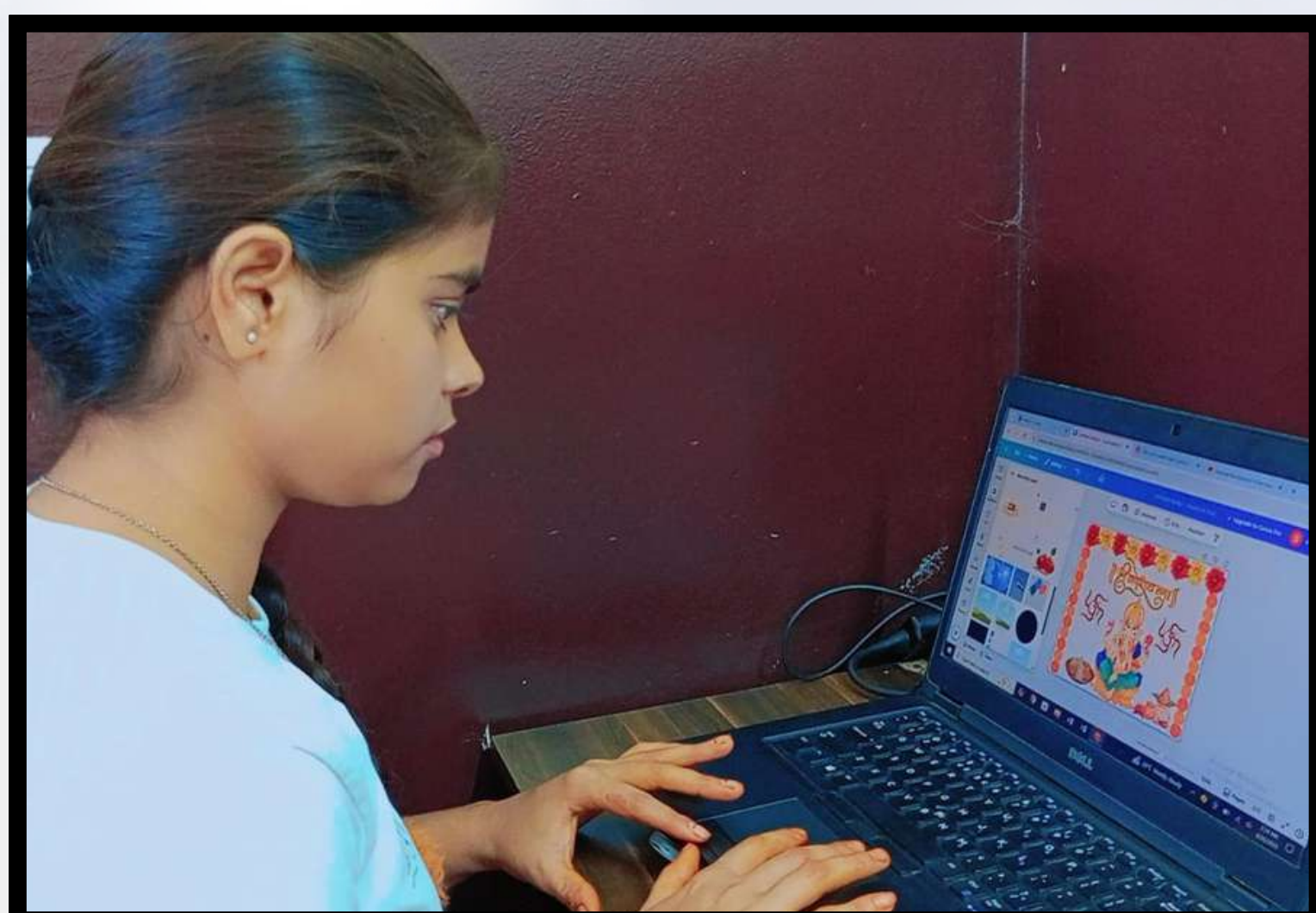
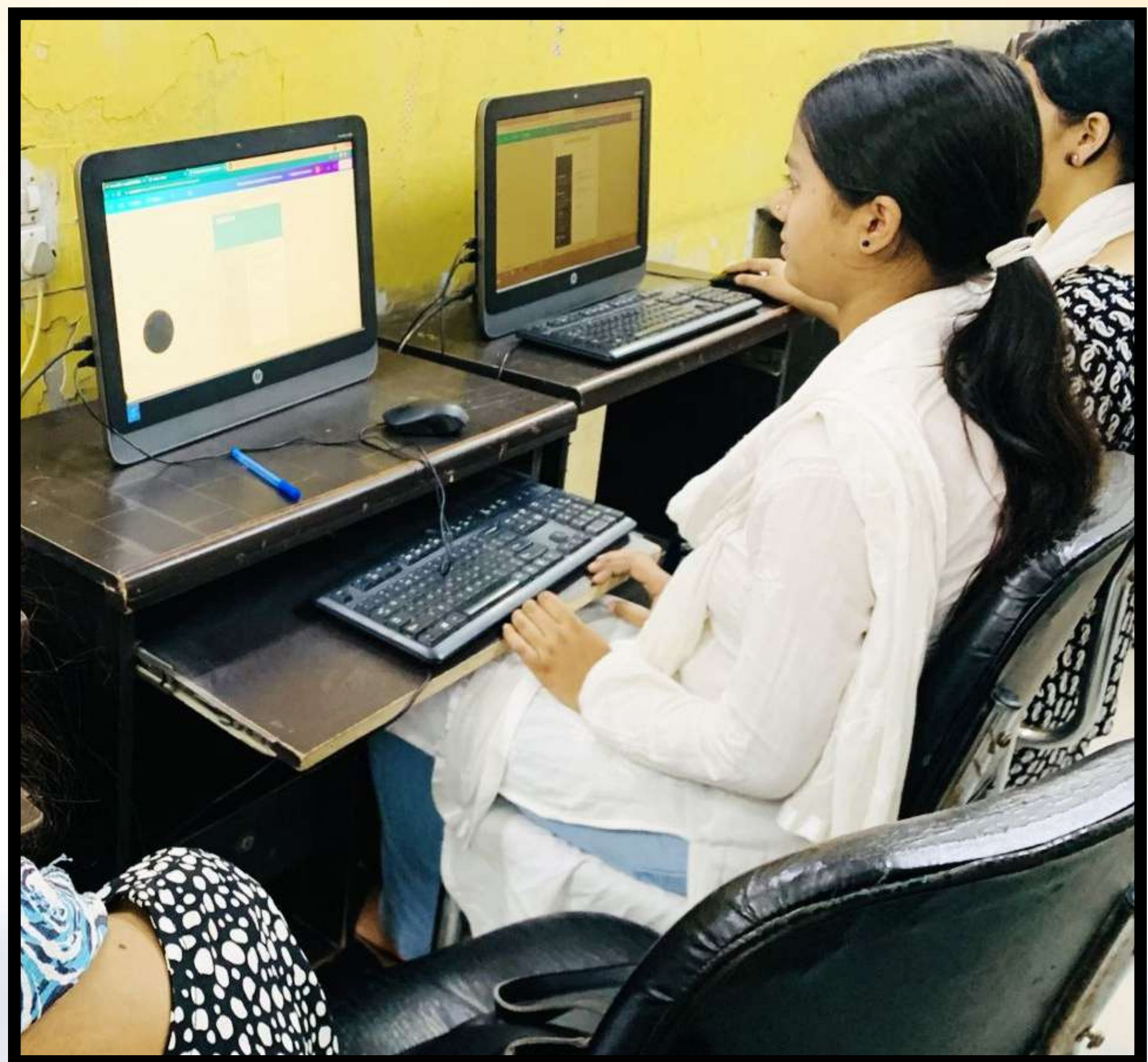
Skill Up, Shine Bright!

Blending creativity with digital skills, students explored Canva Design by crafting festive posters for Ganesh Chaturthi and Independence Day. They also delved into SEO and Keyword Research—learning how search engines work, analyzing websites, and using tools like Ubersuggest to spot high-impact keywords. A Blog Creation workshop on Blogger further empowered them to publish their own articles, sharpening both writing and digital literacy skills.

Building strong communication skills went hand in hand with digital learning, as students practiced Resume and Email Writing with a focus on structure, tone, and professionalism. They also explored Email Marketing—learning to build lists, draft engaging campaigns, and apply automation tools, key skills in today's job market. Each session combined practical application with concepts, preparing beneficiaries with real-world digital marketing expertise and career-ready confidence.

Blending classroom learning with hands-on application, the sessions empowered beneficiaries to master digital marketing while preparing for future careers and entrepreneurial ventures.

Through hands-on projects and interactive learning, students also developed creativity, problem-solving, and confidence to thrive in the digital world.





STEM Spotlight

Students from Classes 6 to 10 immersed themselves in the fascinating world of electronics, robotics, and programming through hands-on STEM sessions. With BITLI, Mechatron, and Basic Electronics Kits in hand, they brought theory to life—experimenting with circuits, motors, gears, sensors, and more. Each activity sparked curiosity, creativity, and problem-solving, turning classrooms into innovation labs.

Key Highlights:

- Created real-life working models such as automatic fans, touch-based lamps, and gear-driven cars.
- Explored programming for motor control and sensor integration, building smart projects like automated toll gates and basic traffic signals.
- Strengthened essential skills including problem-solving, logical thinking, creativity, and debugging.
- Stayed engaged and motivated despite minor weather and school-event disruptions, ensuring steady progress in STEM learning.

These sessions laid a strong foundation, preparing students for more advanced robotics and programming projects in the months ahead.

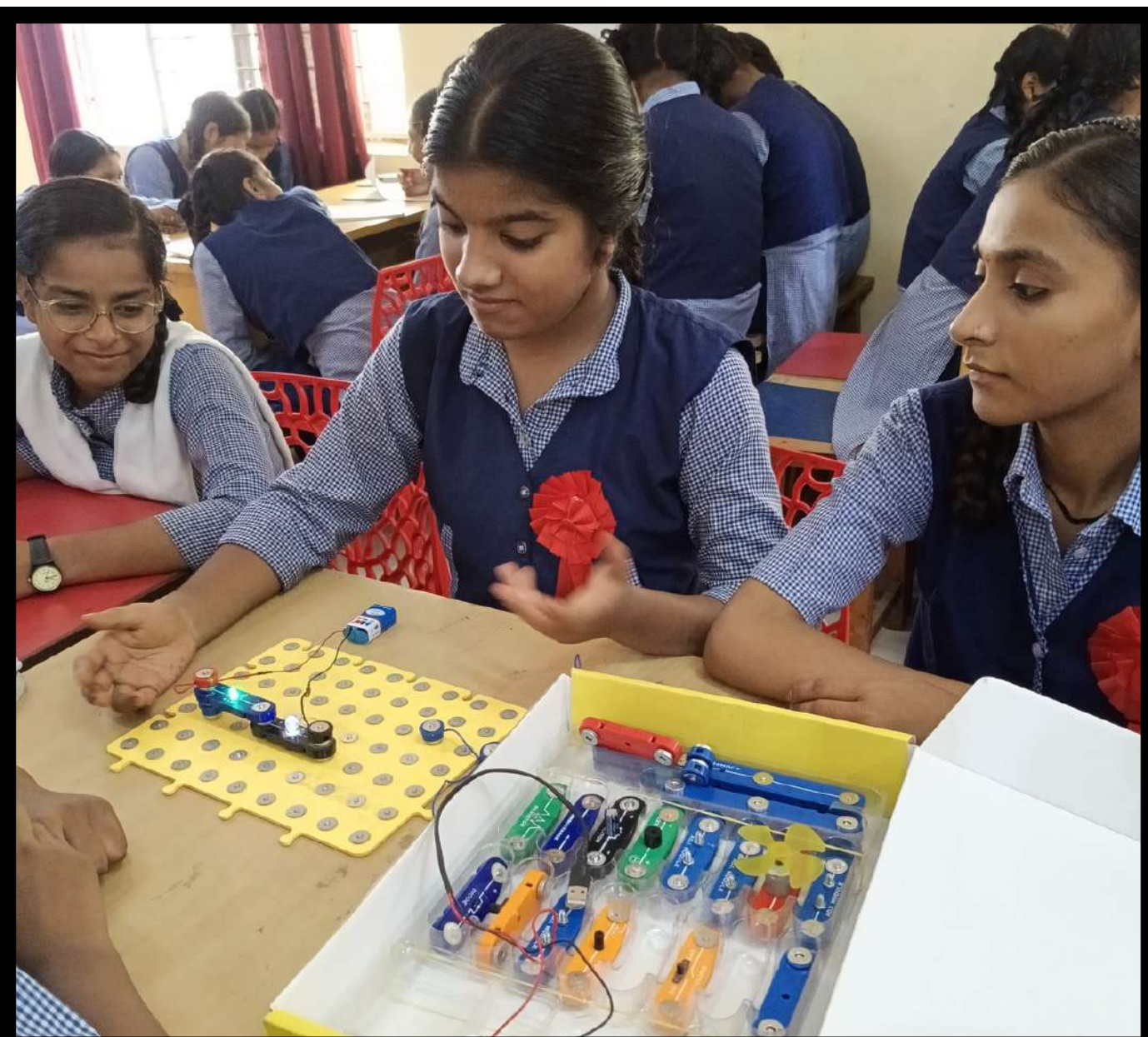


From Concepts to Creations: Fueling Young Minds



Visualizing Ideas

August's STEM sessions empowered our young innovators to explore, experiment, and excel—laying the groundwork for future tech leaders.



- Pictures of students assembling circuits or robotic models.
- Snapshots of LED patterns, sensors, or motor-driven projects in action.
- Group photos showing collaboration and hands-on work.



JOIN US IN MAKING A DIFFERENCE

Imagine the impact we can create together! ANK invites you to join us as a CSR partner in our mission to transform communities. By aligning our visions, we can drive change in education, healthcare, nutrition, and social welfare. Join hands with us to build a brighter future. Let's innovate, collaborate, and make a lasting difference.



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