

# NEWSLETTER

## LIGHT OF PROGRESS



July at ANK was a month full of growth and learning, with a variety of activities that nurtured both academic and personal development. Our Life Skill Sessions focused on listening, speaking, and sharing, while the Mobile Safety Session equipped students with the knowledge to navigate the digital world securely.

From exploring aquatic animals and their ecosystems, to butterfly pose during yoga session to improve focus and flexibility. Taking care of personal well-being during health & hygiene sessions to awarding 'Student of the Month', all celebrated outstanding learning efforts and attitudes of the students.

Creativity blossomed as students made Canva posts on festivals and participated in an Online Quiz Play.



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Emotional intelligence was further developed through Emotion Charades, while Pre-Test Assessments helped tailor learning to individual needs. Communication and presentation skills were enhanced through Group Discussions and PowerPoint Presentations. The month ended with a proud NSDC Certification Distribution Ceremony, recognizing students for their skill development achievements. July was a reminder of how holistic education at ANK empowers students to grow academically, socially, and emotionally.

Dear readers, thank you for being an integral part of our journey and for your unwavering belief in the transformative power of education to create a brighter and more inclusive future.

**Abhishek Kishore**  
*Founder, ANK*



# Life Skill Session: "Listen, Speak, and Share"

In July 2025, ANK hosted a transformative Life Skill Session titled "Listen, Speak, and Share", aimed at enhancing communication and interpersonal skills among students. The session focused on the crucial role of clear communication and active listening in our daily interactions. Through this engaging activity, also known as "Chinese Whisper", students experienced firsthand how messages can change and become distorted when not communicated effectively.

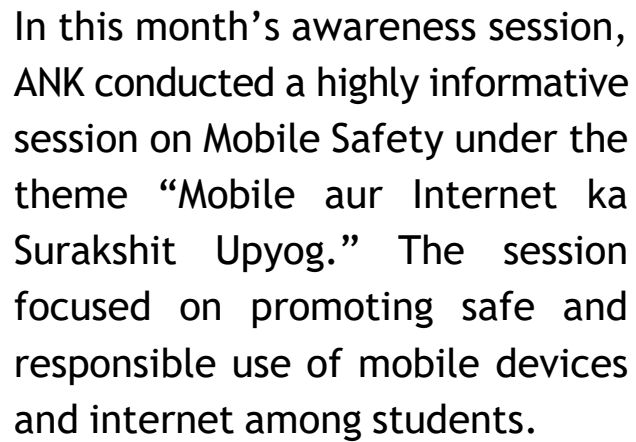
The session also encouraged students to reflect on their communication habits and the impact of misunderstandings. By actively participating in discussions and activities, they gained a deeper understanding of the significance of speaking clearly, listening attentively, and sharing thoughts openly. As they engaged with each other, students developed essential life skills that will serve them in academics, social relationships, and future professional environments. This session not only fostered a positive learning environment but also empowered students to improve their communication skills for a brighter future.



**Clear communication opens doors, builds bridges, and creates lasting connections**







Through interactive discussions, real-life examples, and visual aids, students learned valuable safety rules, such as avoiding unknown links, not sharing personal details online, and the importance of seeking adult guidance when in doubt. The students were fully engaged throughout, participating actively in activities and discussions.

# In the digital age, safety is not just a choice, it's a responsibility

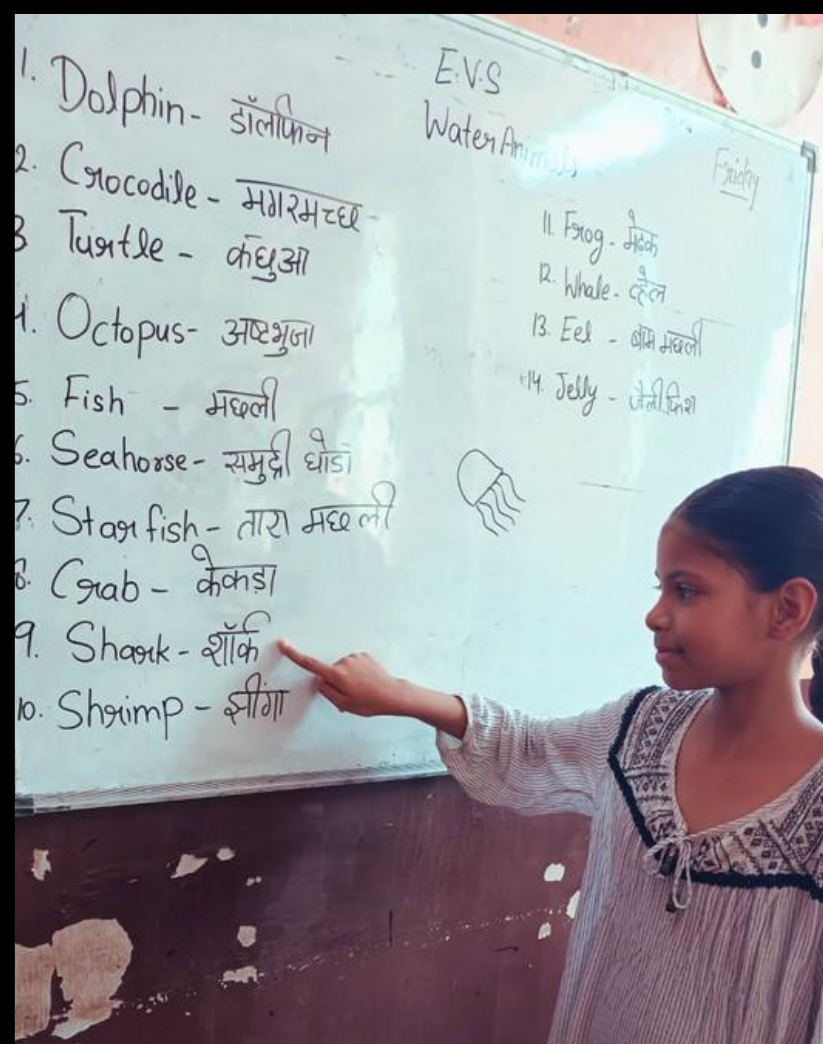
# Dive Into the Wonders of Aquatic Life: EVS Session

ANK Learning Centres hosted an exciting and informative EVS session focused on Water Animals, aimed at deepening students' understanding of aquatic life and its vital role in our ecosystem. The session kicked off with a vibrant presentation featuring pictures and real-life examples of various water creatures like dolphins, whales, octopuses, and sea turtles. Students were introduced to these animals' unique features, habitats, and behaviors, which sparked their curiosity and engagement.



**The ocean stirs the heart, inspires the imagination, and brings eternal joy to the soul**

To make learning fun and interactive, students participated in activities such as match the following, drawing their favorite water animal, and a crossword puzzle designed to reinforce vocabulary related to aquatic life. The session not only highlighted the beauty and diversity of marine creatures but also stressed the importance of protecting water habitats and maintaining biodiversity. The active participation of students demonstrated their keen interest in the subject, while the discussions emphasized the need for conservation. By the end of the session, students had developed a deeper understanding of aquatic life and the environment, making it a truly enriching learning experience.





# Flying Into Calmness with the Butterfly Pose



In July, our young learners, aged 6 to 12, enjoyed a refreshing and peaceful yoga session with the Butterfly Pose. This simple yet powerful posture allowed children to stretch their legs, improve flexibility, and enhance their body awareness. As they gently flapped their "wings," the children not only benefited from a physical stretch but also experienced the calming effects of mindful breathing, fostering relaxation and mental clarity.

The session was designed to be both fun and calming, with giggles filling the room as children embraced the pose and its playful nature. By focusing on their breath and being present in the moment, students learned the importance of mindfulness and how it can help reduce stress. The Butterfly Pose proved to be the perfect tool for introducing younger students to the basics of yoga, enhancing their focus, coordination, and self-awareness.

As they practiced, many also noticed an improvement in their concentration and emotional balance. The session left everyone feeling more grounded, relaxed, and connected with their bodies, marking a successful and joyful experience in their wellness journey.



Yoga is the journey of the self, through the self, to the self

# Stay Safe, Stay Strong: A Health & Hygiene Awareness Session

ANK Center hosted an engaging and educational Health and Hygiene session centered around the theme “Stay Safe, Stay Strong.” The session aimed to instill essential habits in children to help them prevent illness and maintain good health. Through interactive activities, role-plays, and visual aids, children learned the importance of good practices like washing hands properly, covering their mouth while sneezing or coughing, staying hydrated, and eating a balanced, nutritious diet.



The children left the session feeling motivated and confident in their ability to stay healthy, safe, and strong. The session emphasized that these small but significant daily actions can greatly reduce the risk of spreading germs and staying healthy. Children were encouraged to take responsibility for their own health, learning how simple practices, like keeping hands clean and staying active, contribute to their overall well-being. The role-play activities helped them understand real-life scenarios, reinforcing the message that protecting themselves and others starts with consistent personal care. The session was both fun and informative, empowering children to adopt these habits in their daily routines.





# Student of the Month

# Toushit Yadav

## A Star in the Making!



We are excited to celebrate **Toushit Yadav** as our **Student of the Month**! Toushit has emerged as an inspiring example for his classmates through his dedication, enthusiasm, and exceptional behavior. Whether contributing to classroom discussions, taking part in activities, or helping peers, Toushit's positivity and responsibility shine in everything he does. His eagerness to learn and disciplined approach have made him both a role model in academics and a reliable teammate among friends. Always ready to lend a helping hand, Toushit motivates others with kindness, patience, and encouragement. His proactive participation in academics and extracurriculars highlights his well-rounded personality. By asking thoughtful questions and offering creative suggestions, he shows a true passion for growth. His love for learning is contagious, inspiring others to work harder and embrace challenges.

Beyond academics, Toushit's ability to stay organized and focused has been an inspiration for his peers. He consistently meets deadlines, manages his time wisely, and takes ownership of his learning journey. His respectful attitude towards teachers and fellow students makes him a delight to interact with, while his enthusiasm in group activities fosters energy and collaboration.

Toushit's commitment to excellence, combined with humility and determination, has made him stand out in every way. He is not only academically driven but also empathetic and considerate, leaving a lasting impact on those around him. Whether tackling new tasks or supporting classmates, Toushit demonstrates leadership, teamwork, and kindness.

We are incredibly proud of Toushit's achievements and the example he sets. His journey reminds us that success is not only about results but also about the effort, spirit, and kindness we bring to every challenge. Toushit has proved that with the right mindset, hard work, and positivity, anything is possible. We look forward to seeing his bright future unfold. Keep shining, Toushit—this is just the beginning!



# Emotion Charades: A Fun Way to Express and Understand Feelings

ANK Center organized a highly engaging indoor game, Emotion Charades, that allowed children to express and understand emotions in a creative and fun-filled way. In this exciting activity, children acted out a range of emotions such as happiness, anger, surprise, and sadness, without using any words. Their classmates had to guess the emotion based solely on facial expressions and body language. The game proved to be not only entertaining but also educational, helping children develop a deeper understanding of emotions. It encouraged them to recognize different feelings in themselves and others, fostering empathy and social awareness.



By using non-verbal cues, children learned the importance of body language in communication, enhancing their ability to express their emotions clearly and responsibly. The session was full of laughter and energy, with children eagerly participating and learning new ways to interact with their peers. Emotion Charades not only promoted emotional intelligence but also built stronger connections among the students. The activity was a perfect blend of fun and learning, equipping the children with valuable life skills in a light-hearted, engaging manner. The session also encouraged teamwork and creativity, as children worked together to guess and interpret each other's emotions. By practicing these skills in a playful environment, the students gained confidence in expressing themselves and empathizing with others.



# STEM Project Spotlight

In July 2025, students from Classes 6 to 10 participated in an engaging STEM activity where they designed and presented a Smart City model. Using Mechatron and Basic Electronics Kits, the students integrated solar panels, LED streetlights, and road systems to demonstrate the Sense-Think-Act (STA) framework.



This hands-on project helped students apply their knowledge of electronics and renewable energy in a real-world context. It also promoted collaboration, creativity, and critical thinking—laying a strong foundation for future learning in robotics, automation, and sustainable technologies.

## Electric Circuit Model

Students created a hands-on Electric Circuit model to demonstrate the basic principles of electricity. Using simple materials like ice cream sticks, wires, and LED bulbs, the model included key components—battery, switch, and bulb—to illustrate how a closed circuit works.

As shown in the image, the setup is both functional and visually engaging, helping students grasp real-world electrical systems. This activity fostered curiosity, enhanced problem-solving skills, and built foundational knowledge in electronics—preparing students for more advanced learning in robotics and automation.





# Unlocking Potential: July's Pre - Assessment Reflections



In July, we successfully launched our journey toward skill-building and self-development with a comprehensive Pre-Assessment for all beneficiaries enrolled in the GGC program. This initial evaluation was designed to gauge each learner's current level of understanding, providing a foundation for personalized learning paths and measurable growth. As part of our commitment to academic consistency and continuous improvement, monthly assessments have now been integrated into our learning model. These regular evaluations help track subject knowledge, individual progress, adaptability, and engagement over time.



The results from the July assessment were highly encouraging. GGC participants demonstrated strong foundational potential, a proactive mindset, and a clear eagerness to learn. We observed a notable increase in participation and curiosity, reflecting deeper involvement in the learning process. These insights will guide us in refining upcoming sessions, allowing for more targeted support tailored to each learner's needs. With each assessment and learning milestone, we're not only building skills—we're nurturing confidence, resilience, and readiness for the future. Our approach ensures that every learner moves forward with purpose and potential.

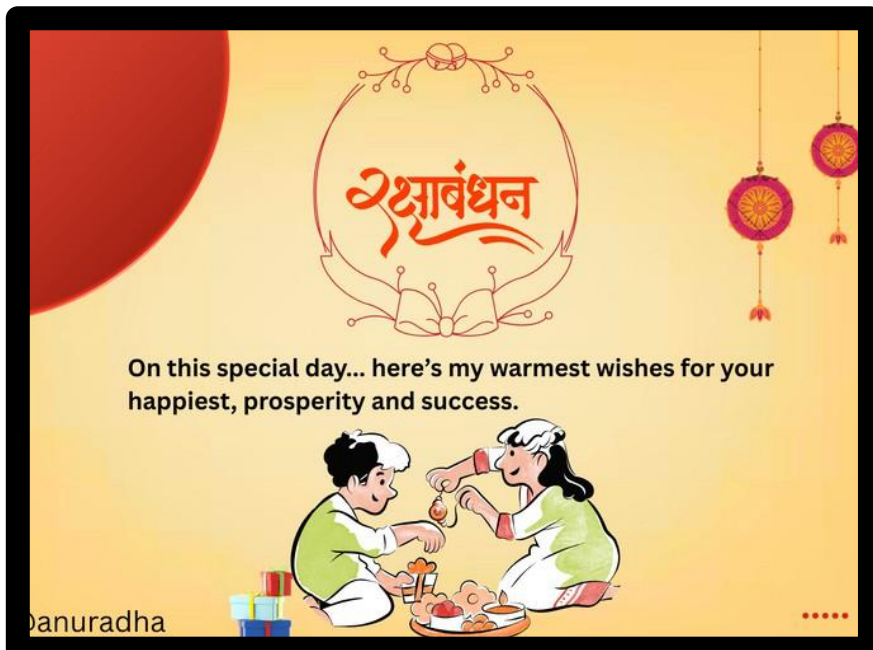




# Designing a Future: Empowering Creativity with Canva

At ANK, we're empowering our beneficiaries to unlock their creative potential through hands-on Canva training, offering them the digital skills needed for personal and professional growth. In recent sessions, our learners mastered the art of crafting eye-catching social media content, creating vibrant, culturally relevant designs for festivals like Independence Day, Raksha Bandhan, and Janmashtami. With guidance on platform-specific design principles, participants learned to design posts optimized for Facebook and Instagram, enhancing their technical abilities while building their confidence in the digital space.

This practical experience not only nurtures design skills but also cultivates a deeper sense of independence, allowing beneficiaries to express their ideas visually and meaningfully. The power of digital literacy shines through as learners develop the tools to communicate, engage, and build a strong online presence. Our Canva training is more than just mastering software—it's about empowering individuals to creatively navigate today's connected world and seize new opportunities.





# Learning in Action: Digital Skills Reinforced with Online Quizzes

We recently organized an engaging online quiz to reinforce and assess the digital skills of our beneficiaries, covering MS Word, Excel, and common shortcut keys. The quiz provided a fun, competitive environment that motivated participants to apply and strengthen their knowledge. By integrating interactive assessments, we create a motivating learning experience that boosts confidence and ensures lasting knowledge retention, making digital skill development both accessible and enjoyable.

The quiz also encouraged peer collaboration and allowed participants to learn from each other, creating a supportive community focused on continuous digital skill development and growth.





# Phonetics Session - Sharpening Pronunciation Skills



**Every lesson is a building block; each one strengthens the foundation for a brighter, more capable tomorrow.**

In a focused phonetics session, students explored the nuances of English pronunciation through engaging activities on “minimal pairs” and “-ed words.” The objective was to help them recognize subtle sound differences and articulate words more accurately. Using listening and speaking drills, students practiced pairs of words that differ by a single sound—such as bat and pat—to understand how small changes can alter meaning. They also learned the correct pronunciation of past tense -ed endings in words like played, laughed, and wanted, focusing on the three different sounds: /d/, /t/, and /ɪd/. This targeted practice enhanced their awareness of sound patterns and improved their clarity in spoken English.





# Empowering Future Leaders Through Group Discussions



As part of our commitment to holistic student development, we organize weekly group discussions to nurture critical thinking, effective communication, and collaboration. Recently, students engaged in a session on "Choosing a Career Path: Passion vs. Practicality." This discussion aimed to enhance communication skills and encourage deeper reflection on career choices. Students were given time to prepare individually and then shared their perspectives in an open circle. Hesitant participants were supported through paired discussions, gradually building their confidence. By the end, the group concluded that both passion and practicality are essential in making informed career decisions. Beyond career-focused topics, our discussions explore relevant issues like the impact of artificial intelligence on education and employment, as well as its ethical considerations. These sessions help students strengthen their critical thinking, improve public speaking, and develop collaborative skills. They also create a safe space where every voice is heard, valued, and encouraged.



# Mastering Presentation Skills with MS PowerPoint



In Digital Marketing sessions, beneficiaries took a significant step forward by learning to create effective and visually appealing presentations using Microsoft PowerPoint. This hands-on training focused not only on slide design but also on organizing content clearly and communicating ideas with confidence. Each participant developed their own presentation, carefully incorporating key concepts and visuals to support their message. What made this experience truly impactful was the opportunity for beneficiaries to present their work in front of their peers. This practice enhanced their public speaking skills, boosted self-confidence, and fostered a sense of ownership over their learning.



By mastering presentation delivery, beneficiaries are building critical digital and interpersonal skills essential for today's competitive landscape. This initiative reflects our commitment to nurturing well-rounded individuals capable of expressing ideas clearly, a crucial asset in any digital marketing or corporate role.



# NSDC Certificate Distribution Ceremony



The 6-month course culminates with the awarding of NSDC (National Skill Development Corporation) certifications – a significant milestone for every learner. These certificates are earned after successfully qualifying the NSDC assessments, which rigorously test the practical skills and knowledge gained throughout the program.



This certification is more than just a document – it's a testament to the hard work, perseverance, and transformation each beneficiary undergoes during their learning journey. It validates their capabilities and serves as a powerful stepping stone toward new career opportunities across various industries. By celebrating this accomplishment, we aim to inspire continued learning and empower individuals to contribute meaningfully to their communities and the workforce.







# JOIN US IN MAKING THE DIFFERENCE

Imagine the impact we can create together! ANK invites you to join us as a CSR partner in our mission to transform communities. By aligning our visions, we can drive change in education, healthcare, nutrition, and social welfare. Join hands with us to build a brighter future. Let's innovate, collaborate, and make a lasting difference.

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