



Dear Readers,

The month of May was filled with creativity, discovery, and meaningful learning at ANK, as students engaged in a variety of activities that nurtured both personal and academic growth.

We kicked off the month with a heartwarming Mother's Day Craft Session, where children poured their love into handmade cards and artistic expressions. This creative start set the tone for a month full of dynamic engagement.

Confidence and Communication took center stage with a confluence of computer classes, language and Soft Skills sessions.

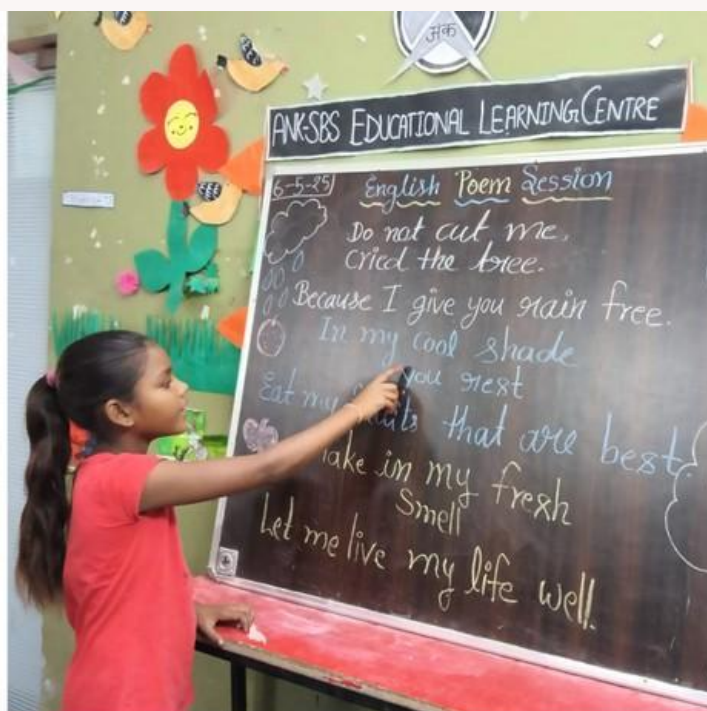
In the Computer class, the beneficiaries

dived into the world of digital presentations, mastering the art of impactful PowerPoint slides. The grammar sessions in language classes contributed to effective and powerful presentations, empowering students with the tools to express themselves effectively in professional environments. The highlight of the month was the thoughtful and respectful awareness sessions on the occasion of World Menstrual Hygiene Day that aimed at fostering informed, healthy habits among students.

We wrapped up the month with a proud celebration—certificate distribution—recognizing the hard work and progress of our dedicated learners.

ANK extends heartfelt thanks to our facilitators, students, and supporters for making May a month to remember. Here's to continuing our journey of inspiration, education, and empowerment!

Abhishek Kishore, Founder,
ANK



Say It with Pictures: Make Your Documents Pop!

Exclusively designed session on basics of safe image searching, downloading visuals, and enhancing MS Word documents by adding relevant pictures was undertaken. Whether for school assignments or creative projects, the skill empowers them to present their work in a more colorful, expressive, and confident manner. Their enthusiasm reflected the importance of making technology accessible and understandable from a young age.



The session also encouraged collaborative learning, with children helping one another and sharing tips. Watching the children explore the digital world with curiosity was truly rewarding.

This initiative is a part of ANK's broader efforts to promote early digital inclusion, ensuring our beneficiaries gain the skills they need to thrive in a connected world.



Learning about Animal Habitats

The children delved into the fascinating world of animals, focusing on how and what they eat, where they sleep, move, and how they adapt to their environments. The children gained insight into the differences between herbivores, carnivores, and omnivores as well.

Interactive storytelling and physical activities, such as mimicking animal movements and sounds made the session lively. Their enthusiasm and curiosity turned the session into a delightful, educational experience.

Such activities is part of ANK's ongoing efforts to foster environmental awareness and help children build a deeper connection with the natural world from a young age.



Building Self-Awareness

At ANK Centers, Life Skills sessions are regularly conducted to help students prepare for the future, make informed decisions, and live balanced lives. In the latest session, the focus was on Self-Awareness. Educators facilitated thoughtful discussions and interactive activities, guiding students to reflect on their strengths, weaknesses, values, and emotions. Through this introspective process, students gained a deeper understanding of themselves, recognizing their unique traits and perspectives. This session empowered them to build a strong foundation for personal growth and emotional well-being.



Strengthening Bonds: Celebrating Mother's Day @ANK

The ANK Center celebrated Mother's Day with joy and warmth. Children created heartfelt greeting cards and shared special moments with their mothers through games, dance, and laughter. The event beautifully highlighted the importance of appreciating mothers and strengthening the bond between them and their children. It was a memorable day filled with love, smiles, and gratitude.



A mother's love is the fuel that enables a normal human being to do the impossible.

Mastering PowerPoint Presentations

Beneficiaries recently participated in an enriching session focused on Microsoft PowerPoint, gaining essential skills for creating effective and engaging presentations.



Through hands-on exercises, participants learned how to design visually appealing slides, format text, and use animations and transitions. This practical approach boosted beneficiaries' confidence in using PowerPoint to make their presentations more accessible and impactful.



The session also emphasized storytelling through visuals, helping participants communicate ideas clearly and creatively. It was inspiring to see learners express themselves with such enthusiasm and curiosity. Such initiatives continue to support ANK NGO's mission to bridge the digital divide through skill-based learning.



Parts of Speech & Sentence Framing

Vocational Training students participated in an engaging session focused on fundamental English concepts, including the parts of speech and effective sentence construction. The session provided a clear overview of the different parts of speech and their role in shaping language.

These interactive sessions help beneficiaries learn how each element contributes to sentence clarity, enhancing their ability to express ideas accurately. Special emphasis was placed on sentence framing, with beneficiaries practicing how to build grammatically correct and impactful statements.

They explored various phrase patterns and sentence structures, gaining confidence in articulation, fluency, and overall communication. Beneficiaries are now better equipped to speak clearly, convey ideas confidently.



World Menstrual Hygiene Day

On World Menstrual Hygiene Day, ANK hosted an impactful session to raise awareness and promote open conversations about menstrual health. An animated video helped dispel myths and encouraged education. Participants shared personal stories and discussed the importance of involving men in awareness efforts to reduce stigma. The event also touched on menstrual leave and the need for empathy and inclusion in the workplace.



Together, we're fostering informed, supportive, and stigma-free communities.

Health and Personal Hygiene

On National Technology Day, ANK proudly celebrated India's technological progress while encouraging young beneficiaries to explore the power of innovation in everyday life. Children learned how technology influences various aspects of life—from healthcare and education to communication and transportation.

The session also emphasized the importance of using technology safely and responsibly. We believe that instilling a sense of scientific curiosity and digital awareness from an early age is vital to building confident, future ready individuals.



National Technology Day

ANK organized an important awareness session on Health and Personal Hygiene to encourage healthy living among its young beneficiaries.



The session emphasized essential daily habits such as handwashing, bathing, nail care, oral hygiene, and wearing clean clothes.

Using visual aids, demonstrations, and open discussions, children learned how these simple practices play a key role in preventing illness and promoting overall well-being. The interactive format made the session engaging and easy to understand.

Body Language, Better Communication

An interactive session on Body Language was conducted to enhance participants' understanding of non-verbal communication.



It aimed to help young learners become more mindful of how their posture, gestures, expressions, eye contact, & use of personal space influence everyday interactions.

Through live demonstrations & a short video, participants compared examples of body language such as crossed arms versus open posture & how these signals affect the way messages are perceived.

Growth Mindset & Team Collaboration

Beneficiaries took part in an engaging seminar focused on essential soft skills, aimed at cultivating a growth mindset and promoting effective teamwork.

The discussion highlighted the importance of adaptability, continuous learning, and maintaining a positive outlook to nurture a progressive mentality.



The session on collaboration was equally impactful, teaching participants how to communicate openly, engage, & support each other in achieving shared objectives. It included active listening, conflict resolution, & the value of mutual respect in building strong, productive teams.

Certificate Distribution



ANK-CREST Digital Learning Centre proudly awarded NSDC certificates to its 5th batch of students, celebrating their hard work and achievements. The event was graced by senior leaders from CREST Digital, including EVP Vineet Sirpaul and Pragya Verma heads of HR, Ritu Aggarwal Head Legal, Bibek Dey

HSSE, Quality, MarComm, and L&D CSR, who motivated students to pursue excellence. We extend sincere thanks to ANK NGO's CEO Abhishek Kishore and Program Manager Amit Kumar for their continued support in driving educational empowerment. The event also featured medal distribution for top performers and concluded with warm interactions & refreshments. Congratulations to all our students as they step into new opportunities!



ROSHNI'S JOURNEY: FROM QUIET LEARNER TO CONFIDENT LEADER

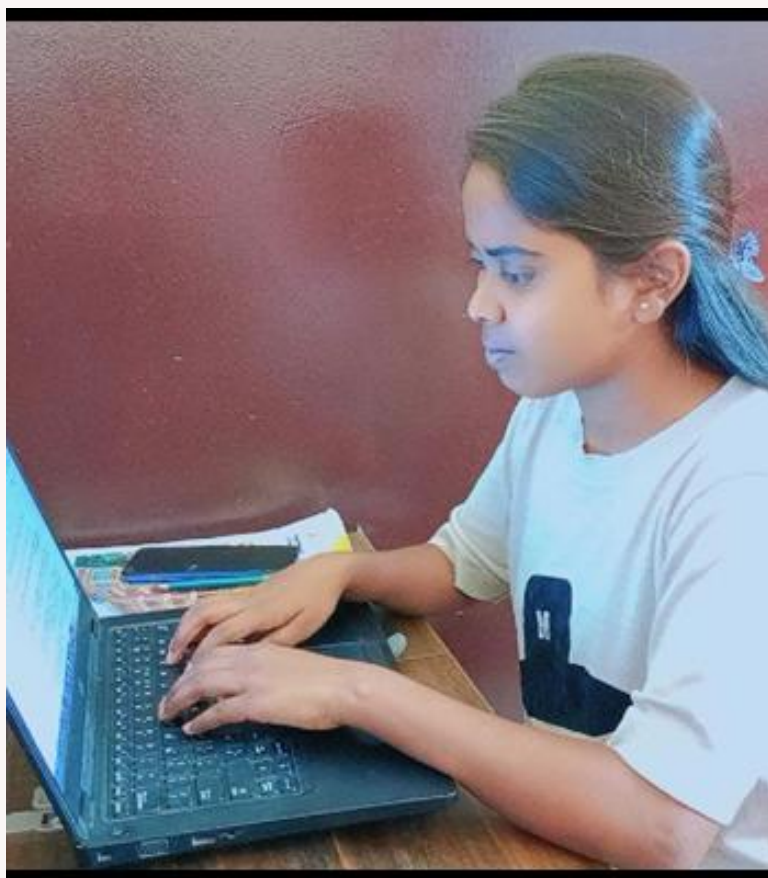
Meet Roshni, a determined young woman from Mamura, whose story is a powerful reflection of resilience, hope, and transformation. As the eldest of four siblings in a financially strained household—her father a tailor, her mother a daily wage laborer—Roshni grew up with responsibilities far beyond her years. Despite the mounting challenges at home, she held on tightly to her dreams of building a better future.

Roshni joined the Digital Marketing and Spoken English course at ANK-UKG with low confidence and little tech knowledge. Initially hesitant, she gradually gained skills, fluency, and self-belief. Her journey reflects dedication and growth, turning hesitation into confidence and silence into self-expression through consistent learning and determination.

Roshni started helping classmates, leading group tasks, and inspiring peers battling self-doubt. Her transformation was evident—not just in skills but in spirit. Mentors observed a growing spark of leadership and a newfound purpose that reflected her remarkable journey of growth, resilience, and self-belief.

Today, Roshni stands tall—not just as a student, but as a role model to her siblings and peers. Her goal is clear: to land a job, support her family, and ensure her younger siblings receive the opportunities she fought so hard to access.

Roshni's story is more than a personal victory—it's a reminder that when given the right support and opportunity, young women can rise above limitations and become changemakers in their families and communities. At ANK, Roshni has not just found her voice—she's learned how to use it.



JOIN US IN MAKING THE DIFFERENCE

Imagine the impact we can create together! ANK invites you to join us as a CSR partner in our mission to transform communities. By aligning our visions, we can drive change in education, healthcare, nutrition, and social welfare. Join hands with us to build a brighter future. Let's innovate, collaborate, and make a lasting difference.

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